

# Emergency Resources

The below information is for informational purposes only. Always seek the guidance of your doctor or other qualified health professional. In an emergency always dial 000.

## Domestic Violence

[www.dvconnect.org](http://www.dvconnect.org) or call 1800 811 811

Domestic Violence Line 1800 656 463

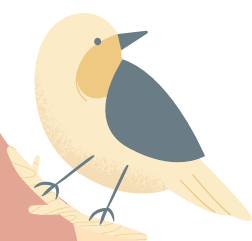
1800RESPECT 1800 737 732



## Child Protection

Child Protection Helpline 13 21 11

Kids Help Line 1800 551 800



## Suicide Prevention

Lifeline 13 11 14

Suicide Call Back Service 1300 659 467



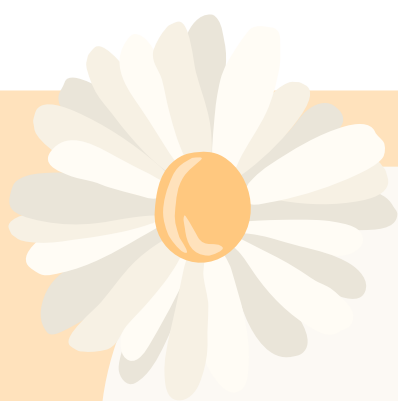
## Natural Disasters

NSW SES (02) 4251 6111

QLD SES 132 500

Disaster Welfare Services

1800 018 444



## Self Harm

Lifeline 13 11 14

Beyond Blue 1300 224 636





## Resources for Aboriginal & Torres Strait Islander people

WellMob [www.wellmob.org.au](http://www.wellmob.org.au)

13Yarn 13 92 76

NACCHO 02 6246 9300



## Resources for Carers

Carers Australia 1800 422 737

Mind Australia 1300 554 660

My Forever Family NSW 1300 782 975

## Grief Support

Feel The Magic (for kids) 1300 602 465

Griefline 1300 845 745

Australian Centre for Grief & Bereavement  
1800 642 066

## LGBTIQ+

QLife 1800 184 527

ReachOut 1800 422 737

LGBTIQ+ Health Australia 02 7209 6301

## Translation Services

National Translating and Interpreting Services  
131 450 or [www.tisnational.gov.au](http://www.tisnational.gov.au)